



| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY  |
|--|---|--|---|---|--|---|
| <p><i>Like and follow Better Beginnings on Facebook and Instagram for more ideas based on the activities suggested in this calendar.</i></p>                     |   |  | <p><i>Better Beginnings is turning 20 this year! Visit your Local Library for some special Birthday themed celebrations!</i></p>                        |   |  | <p><b>1</b> <b>Read</b></p> <p>B is for birthday! Read a book that starts with the letter B today.</p>                                    |
| <p><b>2</b> <b>STEM</b></p> <p>Visit a museum or gallery. Talk about what you see while you explore the exhibits.</p>  | <p><b>3</b> <b>Read</b></p> <p>Read a book about starting school, kindy, or daycare.</p>  | <p><b>4</b> <b>Talk</b></p> <p>Is your child starting school this week? Talk about the fun things they will learn.</p>                               | <p><b>5</b> <b>Sing</b></p> <p>Sing-a-long Wednesday! Sing and clap the <a href="#">alphabet song</a>. Try singing the alphabet to different tunes.</p> | <p><b>6</b> <b>Write</b></p> <p>Practice opening and closing your school bag and lunchbox. Can you do them by yourself?</p> | <p><b>7</b> <b>Play</b></p> <p>Cut out large paper shapes. Ask your child to hop on the circle, jump on the triangle.</p>                                | <p><b>8</b> <b>Read</b></p> <p>C is for Cake! Read Your Birthday was the Best by Maggie Hutchings</p>                                     |
| <p><b>9</b> <b>STEM</b></p> <p>Make a cake! Show your child how you measure ingredients to follow a recipe.</p>  | <p><b>10</b> <b>Read</b></p> <p>Visit your local library this week to celebrate Better Beginnings' 20th Birthday!</p>                                   | <p><b>11</b> <b>Talk</b></p> <p>Talk about what your family does to celebrate birthdays. Does any body in you family have a birthday this month?</p> | <p><b>12</b> <b>Sing</b></p> <p>Sing-a-long Wednesday! Sing Happy Birthday and do the actions together.</p>   | <p><b>13</b> <b>Write</b></p> <p>Write a birthday card for a friend or family member.</p>                                   | <p><b>14</b> <b>Play</b></p> <p>Have a Birthday Tea Party with your toys. Wrap up a present in newspaper or a tea towel to give to the birthday toy.</p> | <p><b>15</b> <b>Read</b></p> <p>Read Maisy's surprise birthday party By Lucy Cousins. (It was Lucy Cousins's Birthday this week too!)</p> |
| <p><b>16</b> <b>STEM</b></p> <p>Talk about and name the technology (tools) you use to do the washing e.g. washing machine, pegs, washing line.</p>               | <p><b>17</b> <b>Read</b></p> <p>It's Random Act of Kindness Day. Read Kindness Makes Us Strong By Sophie Beer.</p>                                      | <p><b>18</b> <b>Talk</b></p> <p>Ask your toddler to point to, name and talk about pictures in stories you read.</p>                                  | <p><b>19</b> <b>Sing</b></p> <p>Sing-a-long Wednesday! Sing <a href="#">Open, Shut Them</a> and do the actions together.</p>                            | <p><b>20</b> <b>Write</b></p> <p>Make and decorate a mailbox together. Write, post and deliver notes to your family.</p>    | <p><b>21</b> <b>Play</b></p> <p>Playing with playdough helps little hands build the strength needed to write.</p>  | <p><b>22</b> <b>Read</b></p> <p>Look at the front cover of a book before you start reading. Count the number of words in the title</p>    |
| <p><b>23</b> <b>STEM</b></p> <p>Encourage children to use their whole bodies to solve problems, e.g. count on fingers and gestures to help answer questions.</p> | <p><b>24</b> <b>Read</b></p> <p>Point at the words and the spaces as you read to help your child notice the text and learn that words have meaning.</p> | <p><b>25</b> <b>Talk</b></p> <p>Name all the red things you can find in your house.</p>  | <p><b>26</b> <b>Sing</b></p> <p>Sing-a-long Wednesday! Sing One Grey Elephant Balancing</p>   | <p><b>27</b> <b>Write</b></p> <p>D is for drawing! Draw three things that you love inside a big heart shape.</p>            | <p><b>28</b> <b>Play</b></p> <p>Play listening games. Can you clap your hands twice and jump once? Can you put your hands on your knees?</p>             | <p><i>Substitute any titles you can't find or songs you don't know with books, rhymes, and songs that you already love.</i></p>           |